



Healthy Births Learning Collaborative

Service Planning Area 8

South Bay



Our Mission

To promote and sustain a collaborative community of multidisciplinary services that supports and improves pregnancy outcomes and the health and well-being of women and young children.

Priorities of the SPA 8 HBLC

- Nutrition awareness and education
- Physical activity

Participants

LA DHS SPA 8, California State Newborn Screening Program, Curtis Tucker Mental Health Center, Carolyn Kordich Family Resource Center, LA County CPSP, South Bay Counseling Center, Harbor UCLA-Women's Health Care Clinic, LBUSD/Early Start, Harbor-UCLA Medical Center, Samoan National Nurses Association, Excel's Parenting to Preschool Family Learning Center, LA County CHDP Program, Harbor Regional Center, South Bay Perinatal Access Project, Harbor-UCLA Medical Center, LA BioMed, LA County Office of Education-Head Start

SPA 8 HBLC Ground Rules

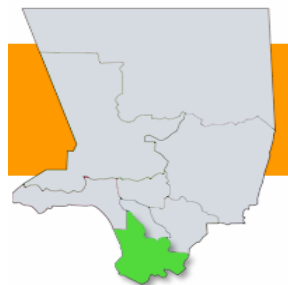
- Respect diversity and peoples' opinions
- Encourage members to share ideas
- We are all experts and we are all learners
- Keep a positive attitude – don't take comments personally
- Use common language
- Keep an open mind
- Celebrate successes



SPA 8 Perinatal Health Indicators

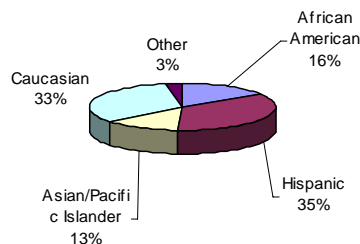
South Bay Facts-2002

Number of Live Births	22,885
Percentage of Medi-Cal Births	47.5 %
Infant Mortality Rate ¹ (per 1,000 live births)	5.4
Low Birth Weight ¹	7.1 %
Preterm Birth ¹	10.0 %
1 st Trimester Prenatal Care	88.4 %
Teen Births ^{1,2}	36.4
Repeat Teen Births ¹ (per 1,000 teen females age 15-19 yrs)	6.9



1 Selected Perinatal Health Indicators Los Angeles County, 2002. LADHS MCAH
2 Teenagers in the United States: Sexual Activity, Contraceptive Use, and Childbearing, 2002. USDHS CDC Vital and Health Statistics. <http://www.cdc.gov/nchs.dah>

SPA 8 HBLC Community



Total Population: 1,500,185

Age:

- 0 to 5 yrs – 9.6 %
- 6 to 9 yrs – 6.9 %
- 10 to 14 yrs – 7.6 %
- 15 to 17 yrs – 4.1 %
- 18 to 24 yrs – 9.4 %
- 25 to 34 yrs – 16.5 %
- 35 yrs and over – 46 %

SPA 8 HBLC Desired Results and Actions

Desired Results

- Every woman will hear one message about the importance of healthy nutrition before, during and between pregnancies
- Improve pregnant women's ability to obtain healthy food
- To increase education awareness about the correlation between healthy eating and improved birth outcomes
- Improve access to safe options for physical activity

SPA 8 Perinatal Facts

Between 1996 and 2002:

- Infant mortality in SPA 8 declined by 11.5% between 1996 and 2002.
- Rates declined by 34% among Hispanic, 13.6% among African American, and 10.5% among Asian/Pacific Islander families. At the same time; rates among White families increased by nearly 80%.
- Infant mortality rates among Hispanic families in SPA 8 meet the Healthy People 2010 goal of 4.5 deaths per 1,000 live births.
- In SPA 8 the infant mortality rates among African Americans in is 20% higher than the rate among SPA 8 White families, 86% higher than Asian/Pacific Islander families and 2.7 times higher than Hispanic families.
- Infant mortality is 2.25 times higher among White families compared to Hispanic families and 1.5 times higher than rates among Asian/Pacific Islander families in SPA 8.

Infant Mortality per 1,000 Live Births by Race-Ethnicity, South Bay (SPA 8) 1996-2002

