

**Healthy Births Learning Collaborative  
SPA 2  
March 21, 2006**

Meeting Location:

North East Valley Health Corporation –WIC  
7138 Van Nuys Boulevard  
Van Nuys, CA 91405

9:00 AM – 11:00 AM

**Meeting Notes**

**Meeting Purpose:** 1) To share program information 2) To begin discussion for action in SPA 2

**Co-Chair:** Demitra Adams

**Co-Chair:** Rebeca Pastrana-Sheng

**1. Welcome**

Introductions and Icebreaker

**2. Business**

**Program Showcase**

LA County Department of Health Services SPA 1 & 2

- Ms. Demitra Adams presented on her organization the County of Los Angeles Department of Health Services SPA 1 and 2.
- Vision: of the department is: Healthy individuals, families, and communities.
- Mission: To protect the public's health by providing quality public health services in a cost-effective and culturally competent manner, and to promote the well-being of all residents in collaboration with community stakeholders.

LA Best Babies Network

- Ms. Shekinah Wright presented on her organization the LA Best Babies Network to help provide the history of the LA Best Babies Network and the Healthy Births Learning Collaboratives (HBLC)
- LA Babies Network was established to increase healthy birth outcomes in Los Angeles County, as well as improve the health of babies from birth to one year of age.

# LA BEST BABIES NETWORK



Healthy Babies. Our Future.

*Presented by First 5 LA*

- LA Best Babies Network is dedicated to improving the health and well-being of every mother and baby in Los Angeles County. LA Best Babies Network was launched by First 5 LA to increase healthy births and healthy babies in Los Angeles County through strategic community partnerships, policy reform, research and medical expertise application.

### **3. Discussion: Action Plan**

What are the hot topics in SPA 2?

- Teen Pregnancy
  - Rate of teen pregnancy in SPA 2
  - Higher rate of poor birth outcomes
  - Teens are planning their pregnancies at a young age. Family planning needs to be encouraged into adulthood.
- Parent Education
  - Partnering with LAUSD to reach parents about teen pregnancy. There are several curriculums available.
  - Partnering with the LAUSD school nurses to help disseminate information about teen pregnancy.
- Lack of Adequate Prenatal Care
  - Basic needs are not being met
  - Teens are too afraid to tell their parents that they are pregnant. Therefore by the time they receive prenatal care they are in their 2<sup>nd</sup> to 3<sup>rd</sup> trimester
  - Women are more likely to apply for WIC services first and receive prenatal care after WIC has referred them to a provider.
  - New Immigrants: Not receiving early prenatal care due to the fact that they are already in advanced stages of pregnancy by the time they come into the U.S.
- Breastfeeding
  - Acceptance of breastfeeding
  - Changing the way things are done in the NICU
  - Acknowledgement of mother being honored for being part of the team taking care of her child.
- Increasing Connections Between Agencies
  - Connecting with agencies such as the Children's Planning Council SPA 2.

Who is missing at the table?

- The group brainstormed on who was missing from the table. The following the list that was developed. Members volunteered to make contact with the following agencies, to ask them to join our SPA 2 HBLC.
  - 211/Info Line-**Lizz**
  - Legislative Representatives for SPA 2-**Aura**
  - El Proyecto-**Jackie**
  - Mental health teen groups: **Jackie**
  - Hospital Representatives for SPA 2-**Rebeca**
  - Guadalupe Center-**Jackie**
  - Boys and Girls Club (Pacoima)-**Helen**
  - Programs with Early Head Start-**Rebeca**
  - Parks & Recreation-**Shekinah**
  - Worksource Centers-**Marlene**
  - SPA 2 Children's Planning Council-**Shekinah**

#### **5. Next Steps**

- Shekinah will print and bring 2003 DHS perinatal data to the next meeting.
- Shekinah will email group the background of the HBLC's along with an invitation to the May meeting for members to send out on their listservs.
- Volunteers will contact the agencies listed above.
- Aura will contact Valley Presbyterian to see if one of their conference rooms is available for our May meeting.
- Shekinah will contact Sonia Alvarado to secure her for the program showcase at the May meeting
- Next meeting will be May 16, 2006, from 9:00am-11:00am. Venue TBA at a later date.

#### **6. Adjourn and Networking**