

**Healthy Births Learning Collaborative  
SPA 7**

**April 10, 2007**

Meeting Location:

**AltaMed Health Services  
500 Citadel Dr., Suite 490  
Los Angeles, CA 90040  
(By Citadel Outlets)**

**Meeting Notes**

**Meeting Purpose:**

- 1) Inform HBLC Members of Wilder Survey Results
- 2) Incorporating Objectives from the Perinatal Summit
- 3) Continue Discussion of Action Plan

**Co-Chair:** Sonia Alvarado

**Co-Chair:** Yeira Rodriguez

**1. Welcome and Introductions**

**2. Business**

- LABBN Update

Ms. Julie Gates shared the results of the Wilder Survey.

- The Wilder Collaboration Inventory demonstrated the HBLCs' success in bringing together community stakeholders to improve birth outcomes throughout Los Angeles County. The indicators that exhibit the strengths of the Healthy Births Learning Collaboratives are as follows:
  - Mutual respect, understanding, and trust
  - Flexibility
  - Open and frequent communication
  - Skilled leadership

**Areas for Improvement:**

- There are two areas where the majority of HBLCs expressed a need for improvement. These are:
  - Appropriate cross section of members
  - Sufficient funds, staff, materials, and time

Group members chose the indicator, "**Appropriate cross section of members**", and agreed on working on a recruitment strategy.

- **Incorporating Objectives from the Perinatal Summit**

Group members reviewed the Perinatal Summit recommendations to ensure our 2007 action plan reflects at least one of the recommendations.

- The recommendations from the Summit are as follows:

- Recommendation # 1: Build upon and strengthen comprehensive perinatal services for all women
- Recommendation # 2: Assure every eligible newborn is enrolled in Medi-Cal before leaving the hospital.
- Recommendation # 3: Integrate perinatal resources into the 2-1-1 (County Information Line)
- Recommendation # 4: Promote risk appropriate care
- Recommendation # 5: Support every woman to have a reproductive life plan

At the next meeting group members will identify the recommendation that reflects the SPA 7 HBLC 2007 action plan.

- **Key Indicators of Health**

Co-chair, Yeira Rodriguez presented the 2007 Key Indicators of Health from Los Angeles County in order to increase awareness of health issues in SPA 7. This information can be used as a guide when planning our next action plan.

- **Action Plan Update**

- Info-Card

- Ms. Stella Penalber reported teenagers were not able to develop the slogan for the info-card. Group members brainstormed some ideas for the slogan at today's meeting:

- ▶ Need Help?
- ▶ Are you doing it?
- ▶ Stressed out?

The following group members volunteered to conduct a focus group with adolescents to get input from them about the slogans the group suggested at this meeting, as well as inviting them to the next meeting.

- ▶ Yeira Rodriguez
- ▶ Dorothy Kidd and
- ▶ Stella Penalber
- ▶ Florence Flores

- A deadline of May 16, 2007 was established to turn in focus group results to Ms. Radillo.
- Ms. Penalber reported she met with the teacher of the printing and graphics class at Garfield High School to get printing estimates for the info-card. She was informed that they will be able to print out our info-card at low cost as soon as we have an example of the final product.

- **AMIGAS Group at Vail High School Update**

Ms. Kidd reported that Vail High School rescheduled the workshops for the AMIGAS group that were supposed to take place in April. It is anticipated that the workshops will resume in May.

- Who is missing at the table?

At the next meeting group members will brainstorm agencies that are missing at the table.

### **3. Business**

- **Program Showcase**

Dr. Nereido Rodriguez and Ms. Lani Parente introduced the NuParent program to the SPA 7 HBLC.

NuParent is a unique parent education program created by the Children's Bureau. It is more than a parent education program focusing on child development, nutrition, health and safety, etc. It is based on the understanding that theoretical information, while important, is not enough to provide the skills needed by parents today to effectively change how they look at parenting. Rather than being just theoretical, the program is developed with these three important components:

- A didactic or knowledge-enrichment section: (Provides opportunities to improve and enhance parents' child-rearing knowledge and skills)
- A joint parent-child activity section: (Provides fun activities which strengthens the parent-child bonding process)
- A social support section: (Provides an opportunity to share and compare ideas, experiences, information, frustrations and successes)
- NuParent is a family support and development program whose curriculums cover all ages and stages from birth to 5 years. For additional information please contact Dr. Nereido Rodriguez at 323 644-3900 ext. 204, or Lani Parente at 323 644-3900 ext. 219.

### **4. Next Steps**

- Next Meeting  
June 12, 2007  
Location: East LA Public Library

### **5. Announcements**

### **6. Adjournment**