



Healthy Births Learning Collaborative
SPA 7

July 11, 2006

Meeting Location:

**East Los Angeles Library
4837 East Third Street
Los Angeles, CA 90022**

Meeting Notes

Meeting Purpose:

1) Action Plan Discussion

Co-Chair: Sonia Alvarado

1. Welcome

Introductions and Icebreaker

2. Business

Program Showcase

Mr. Andres Hernandez spoke about the services provided at Roybal Family Mental Health Center. This family mental health program provides outpatient services to children, adolescents and adults who are experiencing severe emotional behavioral problems. Priority is given to children in acute crisis. Services include family and individual therapy, group therapy, crisis intervention and medication management. Families also benefit from CALWORKS and Transitional Youth Services and from our collaboration with social services agencies such as health, probation, children’s services, local schools and law enforcement. Consultation and education regarding mental health issues is also provided. Services are available at the Maravilla Housing Authority, Casa Rosas for Senior Services (323) 267-0554, and Casa Esperanza for children/adult services (323) 260-3245.

For more information about additional services provided please call (323) 267-3400.

- Update on Teratology/OTIS Conference

Ms. Sonia Alvarado from CTIS Pregnancy Risk Information Line gave an update on the Teratology/OTIS Conference she attended.

Teratology is the study of preventable birth defects. Both of these conferences allowed experts in the community to share new advances in normal and abnormal embryological development. Among the more relevant talks for community clinics or maternal fetal health services/organizations, was the talk on defining the “drink sizes” of alcoholic beverages.

Some key points that were addressed:



- the importance of ascertaining correct estimates in order to provide proper counsel on alcohol use in pregnancy,
- an overview of general epidemiology for purposes of counseling from studies
- a review of craniofacial, limb, neural tube, the heart and genitourinary tract.

If you would like additional information about this conference please contact Ms. Sonia Alvarado at 1 800-532-3749.

3. Discussion

- Future Planning

The group discussed ways to improve their collaboration and agreed to work on a resource directory containing specific information for the SPA 7 area.

Group members volunteered to research different websites for information on services available in SPA 7. The co-chair encouraged the group to identify the referrals that group members will be making regularly and to forward that information to Ms. Radillo at lradillo@labestbabies.org.

4. Next Steps

- ▶ Ms. Sonia Alvarado will research Info-line
- ▶ Ms. Otilia Elszy will research Public Health Nurses – Community Resources
- ▶ Ms. Josefina Rivera will email us other resources in SPA 7
- ▶ At the next meeting Ms. Xochitl Ibarra from Altamed Health Services will present the program showcase.
- ▶ **Next meeting will be September 12, 2006 from 1:30 pm to 3:30 pm**

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5. Announcements

6. Adjournment