



Healthy Births Learning Collaborative
SPA 7

May 9, 2006

Meeting Location:

**East Los Angeles Library
4837 East Third Street
Los Angeles, CA 90022**

Meeting Notes

Meeting Purpose:

- 1) Update on Community Agencies
- 2) Establishing Collaboration
- 3) Future Planning

Co-chair: Sonia Alvarado

1. Welcome

Introductions and Icebreaker

2. Business

Program Showcase

CTIS Pregnancy Risk Information Line

- Ms. Sonia Alvarado showcased her program CTIS Pregnancy Risk Information Line.
- Mission: The Elimination of Preventable Birth Defects through Education and Research.
- California's Pregnancy Risk Information Line provides confidential information over the phone on these topics:
 - Prescription medications
 - Over the counter medications (i.e. cold medicine, aspirin)
 - Alcohol, cigarettes, and street drugs
 - Infections and diseases
 - Other concerns (i.e. X-ray, domestic violence)

For more information about this program please call 1 800-532-3749 or log on www.ctispregnancy.org.

3. Discussion

- Update on Community Agencies

At the last meeting on March 14, 2006, the group discussed the hot priorities in SPA 7. Although there are several agencies in this area providing prenatal care services, lack of transportation is an issue. The group committed to research the transportation services in this area in order to improve accessibility to prenatal

care. Ms. Sonia Alvarado reported her research findings, which include the following cities:

Artesia, Bell, Bellflower, Cerritos, City of Commerce, Cudahy, Downey, E. Los Angeles, Hawaiian Gardens, Huntington Park, La Habra Heights, La Mirada, Lakewood, Maywood, Montebello, Norwalk, Santa Fe Springs, south Gate, Signal Hill, Pico Rivera, Vernon and Whittier. See attachment for details.

- **Future Planning**

The group brainstormed future planning ideas. Members suggested incorporating Teen Pregnancy as one of the SPA 7 priorities, and to develop a pamphlet or create a resource guide promoting teen's services.

4. Next Steps

- ▶ The group will discuss strategies on how to reach teens.
- ▶ The group will explore ideas on how to make referrals.
- ▶ Ms. Sonia Alvarado will bring a referral form.
- ▶ The group will research 211 hot line to learn more about teens' programs.
- ▶ At the next meeting Ms. Angelita Diaz-Akahari from Roybal Family Clinic will present the program showcase.
- ▶ **Next meeting will be July 11, 2006 from 1:30 pm to 3:30 pm**

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5. Announcements

Ms. Elena Halpert-Schilt from the LA Best Babies Network announced we have begun to planning a shared BBC/HBLC event scheduled for late October or early November 2006, tentatively titled "Healthy Births Through Healthy Communities: From Planning to Results."

This event will be a follow-up to our "Healthy Births Through Healthy Communities Town Hall: A Call to Action," held last September, and is intended to provide a forum for BBC and HBLC members to share their accomplishments, update and communicate with one another. This will also give us the opportunity to provide skill-building training sessions to the attendees.

Ms. Halpert-Schilt mentioned we needed representation from the group to join the planning committee for this event. Ms. Sonia Alvarado and Ms. Cynthia Díaz volunteered for the committee.

6. Adjournment