

Healthy Births Learning Collaborative

SPA 7

August 14, 2007

Meeting Location:

**AltaMed Health Services
500 Citadel Drive, Suite 490
Board Room
Los Angeles, CA 90040
(By Citadel Outlets)**

1:30 PM – 3:30 PM

Meeting Purpose:

- 1) Showcase Presentation: Bienvenidos and LA County CHPD Program
- 2) Continue Discussion project focus for 2008
- 3) LABBN Update: Showcasing our Accomplishments/Successes

Co-Chair: Yeira Rodriguez

Co-Chair: Sonia Alvarado

1. Welcome and Introductions

2. Business

Program Showcase

1. Bienvenidos, PFF Program

Ms. Stella Penalber introduced Bienvenidos Family Services to the SPA 7 group. Project Corazon a prevention and support program for pregnant women and families with children five years and younger. The following services are offered at Bienvenidos.

- In-home and center-based services
 - Case management
 - Pregnancy and Parenting classes
 - Parent-child programs
 - Therapy, special interest, and support programs
 - Health and nutrition programs
 - Transportation and respite care
 - Community presentations
 - Community linkages and resources
 - Referrals to MediCal and other healthcare resources
- For additional information please call: (323) 268-5442.

2. LA County CHDP Program

Ms. Anne Widney showcased the Child Health and Disability Prevention (CHDP) Program.

- CHDP is a statewide program started in 1973
- It is funded by federal and state taxes

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- Los Angeles County CHDP Program is under the Los Angeles County Department of Public Health – Children’s Medical Services Unit
- Provides free preventative health assessments
- Exams scheduled throughout infancy, childhood and adolescence (Up to 19 or 21)
- Services are available at many county health centers, community clinics, and private doctor’s offices and some school based clinics.

CHDP Facts

- Services are free
- CHDP program is not an insurance program
- The purpose of these exams is prevention, so that health problems can be diagnosed and treated in a timely manner
- CHDP providers may also give referrals to other county programs
- CHDP Referral Directory includes a list of dental, vision, and medical-specialty Providers.

For additional information please call your nearest CHDP office:
800-993-2437 or 626-569-6030

3. Discussion

• Perinatal Periods or Risk (PPOR) DATA

Ms. Hopson announced she will be presenting the most recent PPOR data at the next meeting scheduled for October 9, 2007.

• Discussion about which project to focus on in 2008

Collaborative members discussed possible interventions we could implement within the SPA 7 area. Group members agreed that in order to make the greatest impact we have to identify what the needs are greatest in SPA 7.

Potential areas of intervention:

- ▶ Teen Pregnancy Prevention Campaign
- ▶ Promote healthy weight before pregnancy
- ▶ Educate teenagers on how to talk to their health care provider
- ▶ Increase awareness at an early age on Preconception and Interconception Care
- ▶ African American infant mortality rate is 3 times higher than other ethnic groups in SPA 7
- ▶ Develop a poster for SPA 7, stating three key messages; and, ensuring all HBLC members consistently talk about the same three messages all the time.
- ▶ Increase breastfeeding awareness
- ▶ Educate health care providers about the importance of delivering key messages to pregnant women, after further discussion, group members agreed that in order to make a greater impact we should target the grassroots level rather than reaching the providers.

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- **Dissemination of the Info-Card**

Co-Chairs announced we received the info-cards and discussed a dissemination plan. Members suggested contacting the following agencies to distribute some of the cards.

- Garfield High School
- Public Libraries
- Boys and Girls Club
- School Nurses
- SPA 7 CPC
- Whittier High School
- Pico Rivera High School

All members took info cards to disseminate at their agencies.

- **LA Best Babies Network Update**

► Healthy Births through Healthy Communities Partners Symposium
2007 November 14th, 2007 at the California Endowment

Showcasing Our Accomplishments/Successes:

Every year the LA Best Babies Network hosts an event in which of all the components of the Healthy Births Initiative are featured and Network members are invited to participate in skill building activities. To showcase the successes of each collaborative component, each group has been asked to create a newsletter highlighting 2 accomplishments, projects, or stories. These newsletters will be enlarged and displayed around the room as well as made available as standard size flyers to pass out. The templates for these newsletters will be provided by LA Best Babies Network.

Ms. Radillo announced we needed volunteers to create the SPA 7 HBLC newsletter. Sonia and Stella volunteered to work on this project.

Deadline for newsletter submission to the LA Best Babies Network is September 28th, 2007.

- **Leadership**

- Yeira announced she is stepping down from her role as a Co-chair for the SPA 7 HBLC group. We would like to thank Yeira for her significant contributions, leadership, dedication, and efforts in making this a successful collaborative group.
- A co-chair facilitator position was offered to HBLC members, and no one accepted to take on the leadership role at this time.

4. Next Steps

- **Next Meeting**

October 9, 2007

We are tentatively scheduled to meet at Beverly Hospital. This will be confirmed and an official confirmation will follow.

5. Announcements

6. Adjournment