

**Healthy Births Learning Collaborative**

**SPA 7**

**June 17, 2008**

Meeting Location:

**AltaMed**

**Health Services Corporate Office**

**Training Room B**

**500 Citadel Dr., Suite 490**

**Los Angeles, CA 90040**

**1:30 PM – 3:30 PM**

**Meeting Purpose:**

- 1) LA Best Babies Network Update: Wilder Collaboration Inventory Survey Results
- 2) Resume 2008 Action Plan Discussion:
  - a) Program Objectives
  - b) Timeline
  - c) Review Existing Breastfeeding Power Point Presentations

**Co-Chair:** Christine Gibson

**1. Welcome and Introductions**

Ms. Gibson opened the meeting with a brief welcome and introductions, and she lead an Icebreaker.

**2. Business**

- **LA Best Babies Network Update:** Wilder Collaboration Inventory Survey Results

The Wilder Collaboration Inventory Survey was administered in the last quarter of 2007 to learn about the challenges and success of each of the Healthy Births Learning Collaboratives (HBLCs). Ms. Radillo announced that we have some improvements in our ratings compared to last year:

- ▶ We improved 15 of our factors, dropped 4, and 1 remained the same.

**The indicators that exhibit our strengths are:**

1. Members see collaboration as in their self-interest 4.6
2. Flexibility 4.6
3. Open and frequent communication 4.6
4. Concrete, attainable goals and objectives 4.5

**The following are some areas in need of improvement:**

1. History of collaboration or cooperation in the community 3.2
  2. Collaborative group seen as a legitimate leader in the community 3.4
  3. Appropriate cross section of members 3.2
- Group members chose the factor “Appropriate cross section of members”, and discussed that as part of our improvement plan to increase our membership we will host an Open House in October 2008.

- An existing letter will be revised and mailed out to potential members along with a flyer promoting the open house.
- Each member will be responsible for bringing at least one guest to the open house.
- Ms. Radillo suggested that we could invite Dr. Lynn Yonekura to speak on “*The effects of drugs and alcohol during pregnancy*”.
- Collaborative members suggested inviting an orator to speak on “*Preconception Health*”. Ms. Otilia Elszy volunteered to research potential candidates who can speak on this topic.

### **3. Discussion**

- **Resume 2008 Action Plan Discussion**

- Program Objectives

Group members resumed the discussion regarding the Breastfeeding Power Point Presentation and brainstormed Goals and Objectives for this project:

**Target Audience:**

Latinos

**Goal:**

~ Increase breastfeeding awareness and promotion.

**Objectives:**

~ Provide low literacy breastfeeding education to:

- Pregnant teens
- Hospital nurses
- CPSP providers
- Dads, Grandparents, family and friends
- Working moms
- Outreach workers
- Case Managers
- Counselors

**Timeline:** By December 30<sup>th</sup>, 2008.

- **Review Existing Breastfeeding Power Point Presentations**

Group members reviewed existing breastfeeding power point presentations in English and in Spanish to learn whether we could make use of existing information.

Unfortunately existing power point presentations do not reflect the needs of the SPA 7 area. It was agreed that we would create our own power point presentation and Ms. Gibson volunteered to have a draft document before our next meeting.

Meeting attendees agreed on creating a power point presentation that will consist of 15 slides, and will include information on:

- Benefits of breast milk
- Pictures of working moms
- Blogs page
- The mother’s ten steps
- Babies in NICU can get breast milk
- Success stories
- Resources

#### **4. Next Steps**

- **Next Meeting will take place:**

**August 12, 2008**

Location:

AltaMed Health Services Corporate Office

Training Room B

500 Citadel Drive, 4<sup>th</sup> floor Suite 490

Los Angeles, CA 90040

#### **5. Announcements**

#### **6. Adjournment**