



**Healthy Births Learning Collaborative
SPA 2
September 12, 2006**

Meeting Location:
Valley Presbyterian Hospital-Health
Education Building
15107 Vanowen Street
Van Nuys, CA 91405

9:00 AM – 11:00 AM

Meeting Notes

Meeting Purpose: 1) Review Breastfeeding Statistics 2.)To Solidify Action plan for 2007

Co-Chair: Rebeca Pastrana-Sheng

Co-Chair: Demitra Adams

1. Welcome

Introductions
Icebreaker

2. Business

LA Best Babies Network Update

- Tonya Gorham, the Policy Coordinator for the LA Best Babies Network gave a presentation on the updates since the Perinatal Summit in 2005. The recommendations from the Summit are as follows:
 - Recommendation # 1: Build upon and strengthen comprehensive perinatal services for all women
 - Recommendation # 2: Assure every eligible newborn is enrolled in Medi-Cal before leaving the hospital.
 - Recommendation # 3: Integrate perinatal resources into the 2-1-1 (County Information Line)
 - Recommendation # 4: Promote risk appropriate care
 - Recommendation #: Support every woman to have a reproductive life plan
- Each recommendation has a workgroup that is currently working on each topic.
- Implementation: On June 6th the Perinatal Summit Planning Partners hosted a Perinatal Summit Action Plan Launch meeting. With the full endorsement of the partners they are excited to now be in Phase iii, the 18th-month implementation phase which started in July 2006.

LA BEST BABIES NETWORK



Healthy Babies. Our Future.

Presented by First 5 LA

- For more information or if you would like to become involved on one of the workgroups please contact Tonya Gorham at (213) 750-7273 ext. 121 or email at: tgorham@LABestBabies.org
- Members were also updated on the Partners Symposium and the poster presentation that will be representing SPA 2. LABBN staff asked that a work group come together within the next few weeks to put the poster together. Janice Stevenson and Vickie Bryson have volunteered to be on the poster workgroup committee along with Rebeca, Demitra, and Shekinah.

3. Discussion

Members reviewed data (local, national and international) and breastfeeding rates for SPA 2. The group reviewed the following documents:

- SPA 2 In-Hospital Exclusive Breastfeeding rates as Indicated on the California Newborn Screening Test Form, Hospitals and County, 2004
- NEVHC WIC data for August 2006
- NEVHCC WIC data from 9-1-05 to 8-1-6
- California Lactation Accommodation Labor Law - Assembly Bill 1025
- Oregon Health Services Breastfeeding Mother Friendly Workplace Policy
- American Academy of Pediatrics: Breastfeeding and the Use of Human Milk
- United States Breastfeeding Committee: Workplace Breastfeeding Support
- WIC Program Manual Breastfeeding Promotion and Support
- The National Institutes of Health Lactation Program

4. Breastfeeding Policy

At the last meeting the group decided that we are going to focus on breastfeeding rates in SPA 2. Part of that discussion included the need to produce a breastfeeding policy for the organizations that attend the HBLC meeting and then to pass on to the community. Today, the group brainstormed topics and points that they would like including in the breastfeeding policy.

- I. Lactation Room Specifics
 - A. Resource Library
- II. Why is it important to have this policy:
 - A. Benefits to employer/Employee
 - B. Benefits to co-workers (ex. Less absenteeism)
 - C. Positive P.R.
 - D. Have someone ensure compliance of policy
 - E. This institute supports breastfeeding and why

III. References

- A. California Law
- B. American Academy of Pediatrics Policy
- C. California Department of Health Services

IV. New employee Orientation. The breastfeeding policy needs to be reviewed in that setting.

- A. Re-issue or address prior to maternity leave
- B. Reference California Law 1030
- C. Breastfeeding Resources (ex. Website, breastfeeding directory) are included with the policy

V. The policy should state that employer supports breastfeeding

- A. Employers will have zero tolerance of harassment of breastfeeders
- B. Provide anti-harassment legislation as a reference.

Also this statement should be included:

- Breastfeeding is recommended for the first 12 months through some do longer. (Please quote or reference to the AAP)

A workgroup composed of Barbara Baldwin, Ellen Steinberg, Rebeca Pastrana-Sheng, and Demitra Adams will meet within the next few weeks to work in more depth on the breastfeeding policy.

5. Action Plan

- The group agreed that producing this breastfeeding policy will be our first action plan.

7. Next Steps

- Shekinah will email dates out to the poster and the breastfeeding policy workgroups to find dates that will work for everyone who signed up to attend.
- At the next meeting members will review the work of the breastfeeding workgroup and decisions will be made concerning the next steps of the breastfeeding policy.

8. Networking and Adjournment