



**Healthy Births Learning Collaborative  
SPA 2  
November 28, 2006**

Meeting Location:  
Valley Presbyterian Hospital-Health  
Education Building  
15107 Vanowen Street  
Van Nuys, CA 91405

9:00 AM – 11:00 AM

**Meeting Notes**

<b>Meeting Purpose:</b> 1) Review Breastfeeding Statistics 2.)To Solidify Action plan for 2007
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<b>Co-Chair:</b> Rebeca Pastrana-Sheng
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<b>Co-Chair:</b> Demitra Adams
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**1. Welcome**

Introductions  
Icebreaker

**2. Business**

Wilder Collaborative Survey

- All HBLC's will fill out
- Fax back to (213) 250-7212

Agency Showcase:

Karen Peters- Breastfeeding Taskforce of Greater Los Angeles

- History: Founded in 1994 by 12 advocates, incorporated in the fall of 2001. Subsequent breastfeeding campaigns were started
- Materials are available on the web. ([www.breastfeedingtaskforla.org](http://www.breastfeedingtaskforla.org))
- Low literacy materials from South Los Angeles Health Projects are available on the site under free breastfeeding resources
- Outreach: Includes media resources such as an appearance on KTTV channel 11 midday Sunday.
- Advocacy: Supported legislation and spoke to legislators regarding SB 246, which addresses lactation accommodation law, breastfeeding in public, and breastfeeding for women on jury duty.
- The President –Elect is Ellen Steinberg.



- A breastfeeding resource directory is available. Resources in other languages can be located.
- A curriculum has been developed for the hospital setting for nurses and physicians. Kaiser has five hospitals that are on the path to becoming baby-friendly due to the use of task force information.

### **3. Breastfeeding Policy**

A draft of the breastfeeding workplace policy was presented. Changes were made in the following areas:

- The number of times a day needed to breastfeed
- Additional benefits of breastfeeding support to businesses such as
  - Reduced need for covering employees
  - Improves family friendly image
  - Improves working environment for co-workers
- Additional benefits to the baby such as decreased risk for SIDS
- Benefits for the community such as the prevention of various chronic diseases such as obesity and diabetes
- A breastfeeding policy which would include training, breastfeeding support for mothers, providing available space in the workplace for breastfeeding mothers, and access to storage space for breast milk

### **4. Action Plan**

- Producing the group agreed that producing this breastfeeding policy will be our first action plan.

### **5. Next Steps**

- A tool kit will be developed to distribute to organizations like the Chambers of Commerce.
- A CD-ROM was also suggested and it was asked what it will do for my organization
- The BFTFGLA rewards those who are baby-friendly. This can be a source of positive peer pressure
- Baseline data needs to be collected: It was suggested that we survey our group with current status. We can get numbers of childbearing women and how many are breastfeeding and returning to work.
- Another step would be to establish a Speaker's Bureau for HBLC members

### **6. Networking and Adjournment**

The next meeting will be January 23, 2007 from 9-11am