

LA BEST BABIES NETWORK



Healthy Babies. Our Future.

Presented by First 5 LA

Healthy Births Learning Collaborative

SPA 2

May 15th, 2007

9:00 a.m. – 11:00 a.m.

Meeting Location:

Valley Presbyterian Hospital

Health Education Building

Classroom 2

15107 Vanowen St

Van Nuys, CA 91405

Meeting Notes

Meeting Purpose:

- 1) Co-Chair Election
- 2) Review and plan next steps for Breastfeeding Policy Workplace Toolkit
- 3) Discuss possible action plans for:
 - A. Lack of Quality Prenatal Care
 - B. Teen Pregnancy

Chair: Rebeca Pastrana-Sheng

1. Welcome

- Introductions

2. Business ~ Jaquelyn Manougian

- LA Best Babies Network Update
 - During the last months of 2006, and January 2007, the Wilder Collaborative Inventory was administered to all HBLCs to evaluate their success as a collaborative group. The results from this survey were reported to the group during the month of March 2007. The results were revisited and as a group, one factor was chosen to improve upon. The members chose "Appropriate Cross Section of Members" with a rating of 2.9 on a 5.0 scale. A plan was devised develop an invitation mailing that could be sent out to various agencies and businesses describing the SPA 2 HBLC mission, what it has accomplished, and our current projects. Other ideas included having an announcement in the Daily News, or an article highlighting the HBLC. Also, it was decided to have one of our monthly meetings double as an "Orientation" for all these newcomers. As our first step, we brainstormed WHO we felt was missing at the table. An extensive list was written out and members volunteered to bring in contact information for the organizations they we assigned to. At our next

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meeting in July, we will collect all of this contact information and work out the details of our invitation and “Orientation” Meeting.

- Co-Chair Nominations and Election
 - The time has come for Co-chair nominations! We would like to thank both Demitra Adams and Rebecca Pastrana-Sheng for their amazing leadership, dedication, and effort in making this a successful collaborative group. They both went above and beyond all expectations! Two co-chair facilitator positions were offered to HBLC members. Olga Vigdorichik accepted one spot and the second is still available. We thank Olga for taking on this leadership role!
 - A revision to the Ground Rules was proposed to include a “Term Limit” for the position of co-chair. It was agreed that the term of service for a co-chair will be a year and a half. It was also suggested that there be a six month overlap between the current and incoming co-chair, to ensure a smooth transition. Both revisions were agreed upon by the group.

3. Discussion ~ Rebeca Pastrana-Sheng

- Workplace Breastfeeding Policy Brochure
 - Ms. Rebeca Pastrana-Sheng, one of our SPA 2 HBLC Co-chairs, gave an update on the Workplace Breastfeeding Policy Brochure. The latest draft of the brochure was passed around for all members to see.
 - Ms. Jaquelyn Manougian, the Community Outreach Specialist from LA Best Babies Network, presented a slide show of possible photos which could be included on the brochure. These photos were taken from the Network stock photo CDs. The HBLC members felt many of the photos were outdated and not appropriate for this project. A member suggested approaching First 5 for some of their stock photos.
 - A brochure workgroup committee meeting was scheduled for June 12th at 9:30am at the North East Valley Health Corporation. We will be deciding on photos and developing the evaluation page for the brochure. If anyone is interested in attending, please contact Jaquelyn Manougian at jmanougian@LABestBabies.org.

4. Action Plan Update ~ Jaquelyn Manougian

- Action Plan 2007
 - Teen Pregnancy Brainstorming: Ms. Jaquelyn Manougian facilitated a brainstorming activity about Teen Pregnancy. A long list of ideas and topics were discussed.
 - Both the brainstorming lists from the Teen Pregnancy topic as well as the Adequate Quality Prenatal Care topic (from March 2007) were displayed. A discussion was held about merging the two topics to create one cohesive action plan versus focusing on only one. After much

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deliberation, the group decided to focus on the larger umbrella term - Teen Health. The action plan involves gathering what resources are out there for teens (as everyone agreed there are plenty resources – teens are just not made aware of them), and putting them all together in a resource packet. A dissemination strategy will then be devised to distribute these packets to school nurses, parents, and teens. We, the HBLC members, would also be present at different health/school events in which our packet could be distributed. We may even be able to plan an actual Teen Health Fair ourselves. It was also suggested that we contact school nurses and inform them that the HBLCs are a collaborative of organizations with a variety of expertise, willing to help.

- Next Steps: All members were asked to bring to our next meeting in July any resources/information they could gather for teens. We also aim to have some local teens at our next meeting, as “key informants”, to work as a focus group to assess the current resource needs for teens.

Our next meeting will be on Tuesday, July 17th, 2007 from 9-11