



**Healthy Births Learning Collaborative
SPA 2**

**March 16, 2010
9:30 a.m. – 11:30 a.m.**

Meeting Location:
Valley Presbyterian Hospital
Health Education Building, Classroom 2
15107 Vanowen St
Van Nuys, CA 91405

Members present: 11

Rebecca Pastrana-Sheng, NEVHC-WIC	Sonia Greaven, DMH 0-5 & MAT Coordinator	
Tanya Lasso-Tanksley, Project SAFE	Olga Vigdorichik, MPH, CHES; Dept. of Public Health SPA 1 & 2	
Cindy Torres, CCRC EHS	Rita Mozian, LAC DPH SPA 1 & 2	
Jessie Henriquez, CCRC	Twyller Weary, Care 1 st Health Plan	
Elena Frias, Planned Parenthood	Jackie Jaffe, The Village RFS	
	Maria Magana, NEVHC HOPE	
TOPIC	DISCUSSION	OUTCOME/ACTIONS REQUIRED
1. Welcome	Meeting called to order by Tanya at 9:45am Tanya led welcome for new co-chair Jessie Henriquez	None
2. Discussion: 09-10 HBLC SPA 2 Project Topics	Project topics brought up in last meeting included: <ul style="list-style-type: none"> ○ Prenatal multi vitamins, folic acid (March of Dimes resource) ○ Teen pregnancy (grief process, depression, mental health issues, partner issues, lack of education, social stigma, low income etc) ○ Zero or minimal partner support ○ NICU babies ○ Unexpected C-Sections/ Early births in otherwise healthy mothers ○ Pre/Post pregnancy depression (MSW interns facilitating support groups) 	<ul style="list-style-type: none"> ● All members will come with support group resources for next meeting. Members will be assigned specific areas of Valley to focus on.

	<p>The name for the 2010 project was suggested as: “NOW I AM PREGNANT, NOW WHAT?”</p> <p>During discussion, Tanya reminded members of time constraints with this year’s project, asking them to keep in mind the 5 remaining meetings this year, with September as launch date.</p> <ul style="list-style-type: none"> • Jackie suggested joining with Girl Scouts as there is current media attention on them and also, autism, possibly having Girl Scouts outreach our project • Planned Parenthood & March of Dimes have offered resource support through their agencies • Certain project topics were deemed too clinical for scope of HBLC, such as the NICU babies and the c-sections (Holy Cross has one of highest rates of cesarean sections) • Maria suggested offering a computer-based sex ed/best practices for teens in HS—other members felt linking with LAUSD (obtaining MOU) would be too time consuming • Another suggestion is having a sequel to last year’s successful fatherhood workshop, focusing on relationship with partner & true involvement of males • Members also interested in surveying agencies who attended fatherhood workshop to see if any changes were implemented to make services more father-friendly (evaluate long term success & efficacy of workshop) • Jackie mentioned pamphlets from ETR are catchy and offer great information; putting out a pamphlet like this would be a useful resource that could be widely disseminated • Members decided this year’s project will consist of putting together a resource pamphlet with contact information to connect new moms/parents to support groups, preferably when discharged from hospital, but disseminated everywhere 	
<p>3. MySpace update</p>	<p>MySpace</p> <ul style="list-style-type: none"> • 34 friends on MySpace • 448 profile views • 779 blog views • 18 views this week 	

	<ul style="list-style-type: none"> • Student moderator/intern still sought • Facebook is still an option 	
4. Networking, Announcements and Adjournment	<ul style="list-style-type: none"> • Introductions made at end as several members walked in after meeting was begun 	
Next Meeting	<p style="text-align: center;">*****NEW TIME*****</p> <p>Tuesday, May 18, 2010 , 9:30-11:30am Valley Presbyterian Hospital</p>	

Adjourned at 11:30am

Minutes typed by Tanya Lasso-Tanksley

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